English becomes important in this globalization era because it is used by the people all over the world. And one of the most English skills is listening, because skill in listening can help people participate well in oral communication. Communication cannot run well if the message is not understood. Because of this importance, the teacher has essential role in developing and applying ways in teaching process. It can be done by implementing the exercises of teaching as well as possible.

This research is designed to obtain the information related to the teaching exercise of listening and the strengths and weaknesses of those exercises. The research subject of this study is one English teacher in SLTP Wahid Hasyim Malang. The instruments used to collect the data are interview and observation to the teacher.

The result of this study shows that the teacher uses two teaching exercise when he teaches listening. First, he uses Bottom-up teaching exercise which activities of listening focus on words. When he uses this exercise, the students paid attention to concern to the words they had listened. So, from the student’s motivation in learning listening it is called that this exercise was strength.

The second is Top-down teaching exercise which the activities of listening train the students to be able to guess and interpret listening text. When he uses this exercise the students have low motivation to response the listening activities. It was because the students felt failed to comprehend and guess listening text. So, from the student’s motivation in learning listening it called that this exercise was weak.