## CHAPTER V CONCLUSIONS, IMPLICATION, AND SUGGESTION

This last chapter presents the conclusions drawn from the research. It also presents implication for students and suggestion for next researchers as well.

## 5.1 Conclusions

From data findings and discussion of *The Hobbit* novel by J. R. R. Tolkien, the researcher concludes as follows:

5.1.1 The psychological aspects that affect the bravery of Bilbo Baggins when dealing with difficult situations are related to *Hierarchy of Needs* theory by Abraham Maslow (1943) that could be described such as Safety, Love/belonging, Esteem, and Self-actualization Needs. The first is Safety Needs that explains about Bilbo Baggins against threats to safe his companion and himself in the situation. Love/belonging Needs explains about Bilbo Baggins's attempt to show his feeling of belonging to the dwarves by helping them from opponent threats. Esteem Needs told about Bilbo Baggins's self-confidence to solve problem that would be happened. And the last, Self-actualization Needs described about Bilbo Baggins's spirit in doing his main duty. Each point of those Needs, affect bravery appearance of Bilbo Baggins that based on Peterson (2004), it elaborates into three kinds of bravery such as physical, emotional, and moral bravery. These braveries showed by Bilbo Baggins as a struggle to

reach what he would like to fulfill his Needs above.

5.1.2 The psychological condition of Bilbo Baggins after facing difficult situations affecting his bravery shows Bilbo Baggins's mental that stable with improving self-confidence. In other hand, there is something different in Bilbo Baggins's attitude and behavior according his friend and neighbour opinion. It is enhanced by Dasgupta (2013) that he explains mental health as it relates to changes in the brain. Based on that statement, probably, there is a changing to Bilbo Baggins's mental health after he faced difficult situation and many disturbances in the adventure. Besides, Schuster (2018) stated that psychological condition could be related to 'post-traumatic growth'. This growth occurs after a person experiences very heavy stress. After they get good therapy and return to socializing with the general public, they could get a positive psychological impact from a horror situation. From that statement, Bilbo Baggins, of course, trapped in difficult situation that made him stress. However, some compliments from his companion in the adventure could be a therapy for his mental illness healing.

## 5.2 Implication

This research could be a reference for students who are conduct similar research or further research discussing about novels with using objective approach in analyzing the psychological aspects that affect the bravery of Bilbo Baggins when dealing with difficult situations by Abraham Maslow's *Hierarchy of Needs* 

theory and Christopher Peterson's theory of Bravery. Moreover, this research could also provide knowledge for the reader is generally concerned about Bilbo Baggins's psychological condition after facing difficult situations affecting his bravery that be analyzed by using objective approach in Brigitte Leuger-Schuster and Dasgupta theories understanding.

## 5.3 Suggestion

Analysis to *The Hobbit novel* by J. R. R. Tolkien in this research is still limited on psychological aspects and psychological condition of Bilbo Baggins as a major character in that novel only. So, in the future, researcher wishes to English students who become the next researcher are interested to analyze better than this research with analyzing other characters in that novel by using different approaches, different theories, and different problems because there are many topics and problems that are showed in that novel which it could be chosen as an interesting research object. Certainly, with the next research in analyzing that novel, researcher hopes it could attract readers to understanding and loving that novel as an epic literary works.

MALANG