ABSTRACT

Plants diversity which spread through Indonesia could grow easily. Sidorejo village is one of the villages in Kabupaten Ngawi in which most of the society still maintain their traditional culture includes in managing natural resources with medicine peculiar effect, as neither prevention nor treatment. Therefore, it is necessary to conduct case study about types of medicinal herbs and its implementation in traditional treatment system in Sidorejo village.

Traditional treatment system based on medicinal herbs is an element arrangement connected to each other and it form whole process and ways of treatment by using medicinal herbs, which is ingredients to subtract, to heal and to eliminate diseases, and mostly has been done for generations.

This experiment has the objective to found out about kinds of medicinal herbs, process and ways of treatment, also the result of traditional treatment system. Type of the experiment is a case study using interview and field observation. Population in this experiment consists of all the society in Sidorejo village that use medicinal herbs. Sample of the experiment being use is parts of the society as respondent (village’s elders, labour practitioner (dukun bayi), massage practitioner and potion expert).

Results of the experiment have revealed that kind of herbs or plants that has medicine effect has been found 49 types and 23 suku. Those plants could be use as treatment for disease such as metabolic disturbance, hormonal disturbance, parasites disturbance, virus and bacteria, bone and joint disturbance, disturbance on skin and hair, sex or gender disturbance and also diseases cause by blood, vessels and immune system disturbances. While ways to diagnose the diseases is by asking the symptoms, give a massage, using inner strength (tenaga dalam), particular calculated day (hari pasaran), and continued with potion from medicinal herbs. How to use the medicine is from the inside and from the outside. Treatment system which based on herbs has perceived good response and results from the society in Sidorejo village Kecamatan Karangjati Kabupaten Ngawi.