

**HUBUNGAN *CYBERBULLYING* DENGAN IDE BUNUH DIRI  
PADA REMAJA SMA DI KOTA MALANG**

**SKRIPSI**



Diajukan Kepada Fakultas Ilmu Kesehatan Universitas Muhammadiyah Malang  
Sebagai Salah Satu Persyaratan Untuk Mendapatkan Gelar Sarjana Keperawatan

Oleh :

**HAPPY SAYYIDA ASTIDIANA PUTRI 202210420311267**

**PROGRAM STUDI S1 ILMU KEPERAWATAN**

**FAKULTAS ILMU KESEHATAN**

**UNIVERSITAS MUHAMMADIYAH MALANG**

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**LEMBAR PERSETUJUAN**

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Disusun Oleh:

**HAPPY SAYYIDA ASTIDIANA PUTRI**

**NIM.202210420311267**

Skripsi ini Telah Disetujui

Tanggal:

Pembimbing



**Muhammad Ari Arfianto, M.Kep., Sp.Kep.J**

**NIP. UMM 190910111988**

Mengetahui,

Ketua Program Studi Ilmu Keperawatan

Fakultas Ilmu Kesehatan Universitas Muhammadiyah Malang



**Nur Hafid, S.Kep., M.Kep., Ph.D**

**NIP.UMM.114.1410.0552**

LEMBAR PENGESAHAN

HUBUNGAN CYBERBULLYING DENGAN IDE BUNUH DIRI PADA REMAJA  
SMA DIKOTA MALANG

SKRIPSI

Disusun Oleh:

HAPPY SAYYIDA ASTIDIANA PUTRI  
NIM.202210420311267

Diujikan:  
Tanggal

Penguji I

Muhammad Rosyidul Ibad., S.Kep., Ns., M.Kep  
NIP.UMM 11211800637

Penguji II

Ns. Sri Widowati, S.Kep., Ns., M. Kep  
NIP.UMM 1120303039

Penguji III

Muhammad Ari Arfianto, M.Kep., Sp.Kep

NIP. UMM 190910111988

Mengetahui,

Dean Fakultas Ilmu Kesehatan Universitas  
Muhammadiyah Malang



Dr. apt. Huda Rachmawati, S.Si., Sp.FRS

NIP.UMM. 11406090449

### SURAT PERNYATAAN KEASLIAN

Saya yang bertanda tangan dibawah ini :

Nama : Happy Sayyida Atidiana Putri  
NIM : 202210420311267  
Program Studi : Program Studi S1 Ilmu Keperawatan FIKES UMM  
Judul Skripsi : Hubungan Cyberbullying Dengan Ide Bunuh Diri Pada Remaja SMA  
Di Kota Malang

Menyatakan dengan sesungguhnya bahwa pada tugas akhir yang saya kerjakan merupakan Hasil saya tulis sendiri bukan menjiplak atau pengambilan pikiran orang lain yang saya akui Sebagai tulisan atau pikiran saya sendiri.

Demikian surat pertanyaan ini saya buat sebagai tanggung jawab formal untuk digunakan Sebagaimana mestinya, apabila terbukti dikemudian hari bahwa tugas akhir ini merupakan Hasil dan jiplakan maka saya bersedia menerima sanksi atas perbuatan tersebut.

Malang 06 April 2026  
Yang Membuat Pertanyaan



Happy Sayyida Astidiana P  
202210420311267

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Malang, 08 Juni 2026

Penulis

Happy Sayyida Astidiana p

## ABSTRACT

### The Relationship Between *Cyberbullying* And Suicidal Ideation Among High School Students In Malang

Happy Sayyida Astidiana Putri<sup>1</sup>, Muhammad Ari Arfianto, M.Kep., Sp.Kep.J.<sup>2</sup>

Program Studi Ilmu Keperawatan, Universitas Muhammadiyah Malang Email :

[happysayyida29@gmail.com](mailto:happysayyida29@gmail.com)

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**Latar Belakang :** *Cyberbullying* merupakan salah satu bentuk kekerasan di dunia digital yang semakin sering dialami oleh remaja. Tingginya penggunaan media sosial membuat remaja lebih rentan mengalami perundungan secara online. *Cyberbullying* dapat berdampak negatif pada kesehatan mental remaja, seperti stres, kecemasan, depresi, hingga munculnya ide bunuh diri. Oleh karena itu, penting untuk mengetahui hubungan antara *cyberbullying* dengan ide bunuh diri pada remaja.

**Tujuan :** Penelitian ini bertujuan untuk mengetahui hubungan *cyberbullying* dengan ide bunuh diri pada remaja SMA.

**Metode Penelitian :** Penelitian ini menggunakan desain penelitian kuantitatif dengan pendekatan *cross sectional*. Populasi 90 siswa. Metode teknik sampling total *sampling*. Sampel penelitian berjumlah 74 responden yang merupakan siswa SMA. Variabel independen *cyberbullying* dan variabel dependen ide bunuh diri. Pengumpulan data dilakukan menggunakan kuesioner *cyberbullying* BCBQ-SF terdiri dari 20 pertanyaan dan kuesioner ide bunuh diri BSS terdiri dari 21 pertanyaan. Analisis data menggunakan uji korelasi Spearman dengan menggunakan SPSS seri 25

**Hasil Penelitian:** Hasil penelitian menunjukkan bahwa tidak terdapat hubungan yang signifikan antara *cyberbullying* dengan ide bunuh diri pada remaja SMA dengan nilai  $p = 0,051$  ( $p > 0,05$ ) dan nilai koefisien korelasi  $r = 0,228$  yang menunjukkan hubungan sangat lemah.

**Kesimpulan:** Tidak terdapat hubungan yang signifikan antara *cyberbullying* dengan ide bunuh diri pada remaja SMA.

**Kata Kunci:** *Cyberbullying*, ide bunuh diri, remaja.

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<sup>1</sup>Mahasiswa Program Studi Ilmu Keperawatan, Fakultas Ilmu Kesehatan, Universitas Muhammadiyah Malang

<sup>2</sup>Dosen Program Studi Ilmu Keperawatan, Fakultas Ilmu Kesehatan, Universitas Muhammadiyah Malang

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Happy Sayyida Astidiana Putri <sup>1</sup>, Muhammad Ari Arfianto, M.Kep., Sp.Kep.J. <sup>2</sup> Nursing  
Science Study Program, Muhammadiyah University of Malang

Email:[happysayyida29@gmail.com](mailto:happysayyida29@gmail.com)

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**Background:** *Cyberbullying* is a form of digital violence that is increasingly experienced by adolescents. The high use of social media makes adolescents more vulnerable to online bullying. *Cyberbullying* can negatively impact adolescents' mental health, such as stress, anxiety, depression, and even suicidal ideation. Therefore, it is important to understand the relationship between cyberbullying and suicidal ideation in adolescents.

**Objective:** This study aims to determine the relationship between *cyberbullying* and suicidal ideation in high school adolescents.

**Research Method:** This study used a quantitative research design with a cross-sectional approach. The population was 90 students. The sampling method used total sampling. The sample size was 74 high school students. The independent variable was *cyberbullying* and the dependent variable was suicidal ideation. Data collection was conducted using the 20-question BCBQ-SF cyberbullying questionnaire and the 21-question BSS suicidal ideation questionnaire. Data analysis used the Spearman correlation test with SPSS 25.

**Research Results:** The results showed no significant relationship between cyberbullying and suicidal ideation in high school adolescents, with a p-value of 0.051 ( $p > 0.05$ ) and a correlation coefficient of  $r = 0.228$ , indicating a very weak relationship.

**Conclusion:** There is no significant relationship between *cyberbullying* and suicidal ideation among high school students.

**Keywords:** *Cyberbullying*, suicidal ideation, adolescents.

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<sup>1</sup> Student of the Nursing Science Program, Faculty of Health Sciences, Muhammadiyah University of Malang

<sup>2</sup>Lecturer, Nursing Science Program, Faculty of Health Sciences, Muhammadiyah University of Malang

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Lampiran 6 Surat Keterangan Hasil Plagiasi




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## FAKULTAS ILMU KESEHATAN

### ILMU KEPERAWATAN

s1-keperawatan.umm.ac.id | s1-keperawatan@umm.ac.id

#### SURAT KETERANGAN HASIL DETEKSI PLAGIASI

Berdasarkan hasil tes deteksi plagiasi yang telah dilakukan oleh Biro Tugas Akhir Prodi Program Studi Ilmu Keperawatan, Fakultas Ilmu Kesehatan Universitas Muhammadiyah Malang yang telah dilaksanakan pada 8/29/2025, pada karya ilmiah mahasiswa di bawah ini :


Nama : Happy Sayyida Astidiana Putri  
Nim : 202210420311267  
Prodi : Ilmu Keperawatan  
Judul Naskah : Hubungan Cyberbullying dengan Ide Bunuh Diri Pada Remaja SMA di Kota Malang

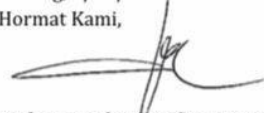
Jenis Naskah : Proposal Skripsi  
Keperluan : Seminar Proposal

Hasilnya dinyatakan Memenuhi Syarat, dengan Rincian Sebagai Berikut :

No	Jenis Naskah	Maksimum Kesamaan	Hasil Deteksi
1.	Bab 1 (Pendahuluan)	10	8%
2.	Bab 2 (Tinjauan Pustaka)	25	8%
3.	Bab 3 & 4 (Kerangka Konsep / Metodologi)	35	14%
4.	Bab 5 & 6 (Hasil & Pembahasan)	15	
5.	Bab 7 (Kesimpulan & Saran)	5	
6.	Naskah Publikasi	25	

Keputusan : Lolos

Yang Mengetahui,  
  
**Edy Purwanto, MNg**  
Kaprosdi

Malang, 8/29/2025  
Hormat Kami,  
  
**Muhammad Ari Arfianto, M.Kep.**  
Biro Skripsi

Catatan :  
Pemeriksa : Mulyana S.Psi

**Kampus I**  
Jl. Bandung 1 Malang, Jawa Timur  
P: +62 341 551 253 (Hunting)  
F: +62 341 480 435

**Kampus II**  
Jl. Bendungan Sutarni No.188 Malang, Jawa Timur  
P: +62 341 551 148 (Hunting)  
F: +62 341 562 060

**Kampus III**  
Jl. Raya Tigomas No.240 Malang, Jawa Timur  
P: +62 341 454 318 (Hunting)  
F: +62 341 480 435  
E: webmaster@umm.ac.id

