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**HUBUNGAN ANTARA INISIASI MENYUSU DINI DAN
POLA ASUH NUTRISI DENGAN PREVALENSI
MALNUTRISI PADA BALITA DI INDONESIA
MENGUNAKAN DATA SSGI**

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**PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KESEHATAN
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ASUH NUTRISI DENGAN PREVALENSI MALNUTRISI PADA
BALITA DI INDONESIA MENGGUNAKAN DATA SSGI:
ANALISIS SURVEI STATUS GIZI INDONESIA 2022
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Menyatakan dengan sebenarnya bahwa Tugas Akhir yang saya tulis ini benar-benar hasil karya saya sendiri, bukan merupakan pengambilalihan tulisan atau pikiran orang lain yang saya akui sebagai tulisan atau pikiran saya sendiri.

Apabila dikemudian hari dapat dibuktikan bahwa Tugas Akhir ini adalah hasil jiplakan, maka saya bersedia menerima sanksi atas perbuatan tersebut.

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KATA PENGANTAR

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ABSTRAK

HUBUNGAN ANTARA INISIASI MENYUSU DINI DAN POLA ASUH NUTRISI DENGAN PREVALENSI MALNUTRISI PADA BALITA DI INDONESIA MENGGUNAKAN DATA SSGI

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Latar Belakang: Malnutrisi pada balita masih menjadi masalah kesehatan masyarakat di Indonesia yang ditandai dengan tingginya prevalensi stunting, wasting, dan underweight. Berbagai faktor diduga memengaruhi kondisi ini, termasuk inisiasi menyusui dini (IMD), pola asuh nutrisi, serta faktor sosial ekonomi keluarga. Penelitian ini bertujuan menganalisis hubungan IMD dan pola asuh nutrisi dengan prevalensi malnutrisi pada balita di Indonesia menggunakan data Survei Status Gizi Indonesia (SSGI) tahun 2022.

Metode: Penelitian menggunakan desain kuantitatif dengan pendekatan potong lintang. Sampel berjumlah 12.482 balita yang memenuhi kriteria inklusi. Analisis data meliputi analisis univariat, bivariat menggunakan uji Chi-Square, serta analisis multivariat menggunakan regresi logistik multinomial dengan tingkat signifikansi 0,05.

Hasil: IMD tidak berhubungan signifikan dengan stunting ($p = 0.859$), wasting ($p = 0.850$), dan underweight ($p = 0.322$). Pola asuh nutrisi tidak berhubungan signifikan dengan stunting ($p = 0.900$), wasting ($p = 0.279$), dan underweight ($p = 0.203$). Sebaliknya, pendidikan ibu berhubungan signifikan dengan stunting dan underweight ($p < 0.001$), sedangkan status pekerjaan ibu berhubungan signifikan dengan seluruh indikator status gizi ($p < 0.01$). Analisis multivariat menunjukkan bahwa faktor sosial ekonomi merupakan determinan dominan terhadap kejadian malnutrisi.

Kesimpulan: IMD dan pola asuh nutrisi tidak berhubungan langsung dengan status gizi balita setelah dikontrol variabel lain. Faktor sosial ekonomi, khususnya pendidikan dan status pekerjaan ibu, berperan penting dalam menentukan kejadian malnutrisi di Indonesia.

Kata Kunci: Inisiasi Menyusui Dini, Pola Asuh Nutrisi, Status Gizi Balita, Faktor Sosial Ekonomi, SSGI.

ABSTRACT

The Association between Early Initiation of Breastfeeding and Nutritional Care Practices with the Prevalence of Malnutrition among Under-Five Children in Indonesia Using SSGI Data

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Background: Malnutrition among under-five children remains a major public health concern in Indonesia, marked by high rates of stunting, wasting, and underweight. This study aimed to examine the association between early initiation of breastfeeding (EIBF), nutritional caregiving practices, and malnutrition using data from the 2022 Indonesian Nutritional Status Survey (SSGI).

Methods: A quantitative cross-sectional design was applied. A total of 12,482 children who met the inclusion criteria were analyzed. Data were examined using univariate analysis, bivariate analysis with the Chi-square test, and multivariate analysis using multinomial logistic regression at a significance level of 0.05.

Results: EIBF was not significantly associated with stunting ($p = 0.859$), wasting ($p = 0.850$), or underweight ($p = 0.322$). Nutritional caregiving practices were also not significantly associated with stunting ($p = 0.900$), wasting ($p = 0.279$), or underweight ($p = 0.203$). In contrast, maternal education was significantly associated with stunting and underweight ($p < 0.001$), while maternal employment status was significantly associated with all nutritional status indicators ($p < 0.01$). Multivariate analysis indicated that socioeconomic factors were the dominant determinants of malnutrition.

Conclusion: EIBF and nutritional caregiving practices were not directly associated with child nutritional status after adjustment for confounders. Maternal education and employment status play a critical role in determining malnutrition in Indonesia.

Keywords: Early Initiation of Breastfeeding; Nutritional Care Practices; Under-Five Nutritional Status; Socioeconomic Factors; SSGI.

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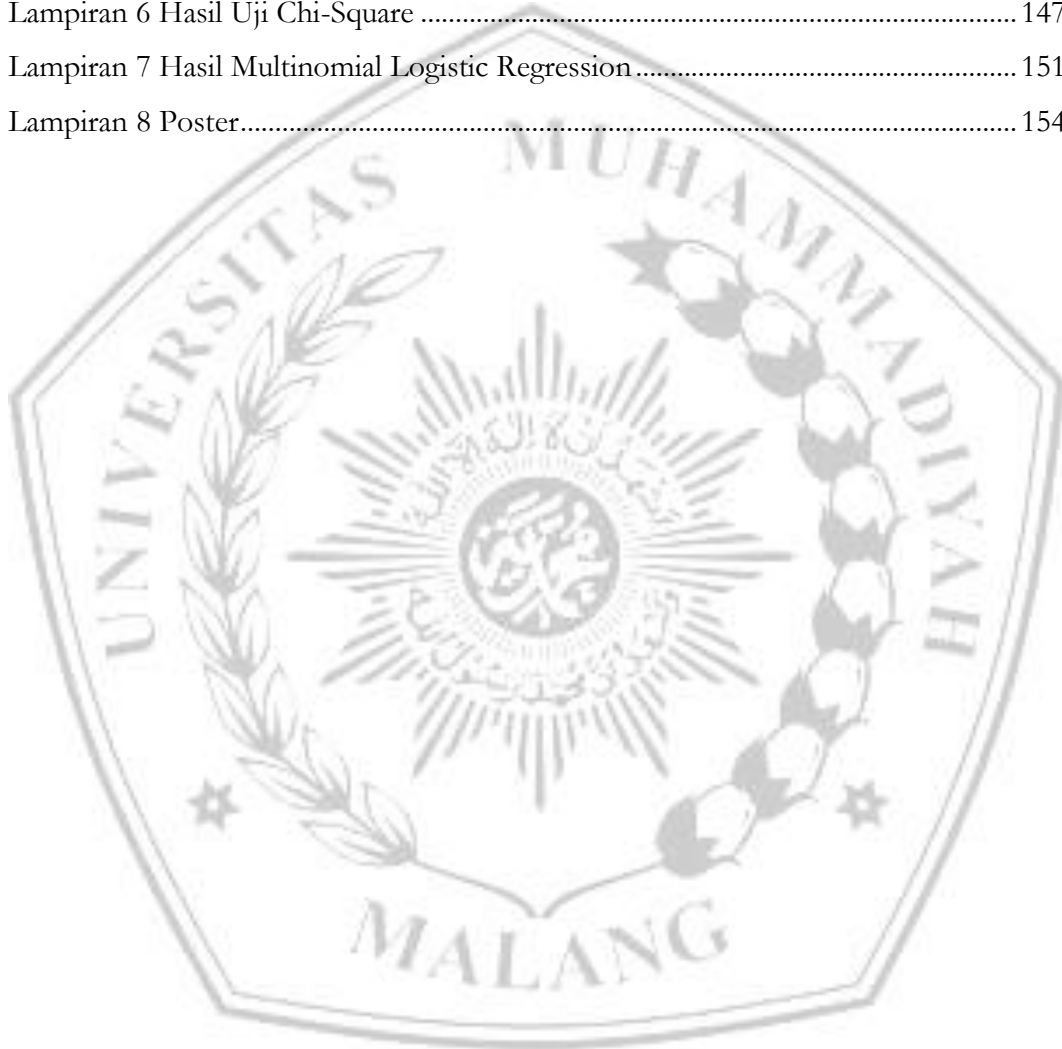
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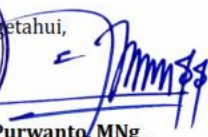
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Lampiran 2 Hasil Deteksi Plagiasi

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	SURAT KETERANGAN HASIL DETEKSI PLAGIASI		
	Berdasarkan hasil tes deteksi plagiasi yang telah dilakukan oleh Biro Tugas Akhir Prodi Program Studi Ilmu Keperawatan, Fakultas Ilmu Kesehatan Universitas Muhammadiyah Malang yang telah dilaksanakan pada 6/21/2025, pada karya ilmiah mahasiswa di bawah ini :		
	Nama	:	RAYHAN AKMAL MAHDUDIN
	Nim	:	202210420311131
	Prodi	:	Ilmu Keperawatan
	Judul Naskah	:	HUBUNGAN ANTARA INISIASI MENYUSU DINI DAN POLA ASUH NUTRISI DENGAN PREVALENSI MALNUTRISI PADA BALITA DI INDONESIA MENGGUNAKAN DATA SSGI
	Jenis Naskah	:	Proposal Skripsi
	Keperluan	:	Seminar Proposal
Hasilnya dinyatakan Memenuhi Syarat, dengan Rincian Sebagai Berikut :			
No	Jenis Naskah	Maksimum Kesamaan	Hasil Deteksi
1.	Bab 1 (Pendahuluan)	10	10%
2.	Bab 2 (Tinjauan Pustaka)	25	15%
3.	Bab 3 & 4 (Kerangka Konsep / Metodologi)	35	20%
4.	Bab 5 & 6 (Hasil & Pembahasan)	15	
5.	Bab 7 (Kesimpulan & Saran)	5	
6.	Naskah Publikasi	25	
Keputusan : Lolos			
Diketahui,  Edi Purwanto, MNg Kaprosdi		Malang, 6/21/2025 Hormat Kami,  Muhammad Ari Arfianto, M.Kep. Biro Skripsi	
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SURAT KETERANGAN HASIL DETEKSI PLAGIASI

Berdasarkan hasil tes deteksi plagiasi yang telah dilakukan oleh Biro Tugas Akhir Prodi Program Studi Ilmu Keperawatan, Fakultas Ilmu Kesehatan Universitas Muhammadiyah Malang yang telah dilaksanakan pada 1/7/2026, pada karya ilmiah mahasiswa di bawah ini :

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Nim : 202210420311131

Prodi : Ilmu Keperawatan

Judul Naskah : HUBUNGAN ANTARA INISIASI MENYUSU DINI DAN POLA ASUH NUTRISI DENGAN PREVALENSI MALNUTRISI PADA BALITA DI INDONESIA MENGGUNAKAN DATA SSGI

Jenis Naskah : Skripsi

Keperluan : Seminar Hasil

Hasilnya dinyatakan Memenuhi Syarat, dengan Rincian Sebagai Berikut :

No	Jenis Naskah	Maksimum Kesamaan	Hasil Deteksi
1.	Bab 1 (Pendahuluan)	10	
2.	Bab 2 (Tinjauan Pustaka)	25	
3.	Bab 3 & 4 (Kerangka Konsep / Metodologi)	35	
4.	Bab 5 & 6 (Hasil & Pembahasan)	15	8%
5.	Bab 7 (Kesimpulan & Saran)	5	4%
6.	Naskah Publikasi	25	10%

Keputusan : Lolos



Malang, 1/7/2026
Diketahui,

Nur Aini, M.Kep., PhD
Kaprodi

Malang, 1/7/2026
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Muhammad Ari Arfianto, M.Kep.
Biro Skripsi

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